

Student #3

This “treat” of a presentation given to us, was, to me, a surprise. I found it dynamic. I found myself noticing the ethos, pathos, and logos within his speech, while also enjoying the informality of it all. He seemed to speak to us all directly within the way that he sat in front and made eye contact. It was casual and informative, yet a tale of overcoming hardship, and loving yourself. Definitely my kind of story.

In regards to the rhetorical appeals, he seems to quite have proven his credential and properly displayed ethos, given the fact that he lived the story of struggling with loss, pain, and stress. He has shown that he has the experience and perspective in a mental hospital to give himself credit that not many others have. He taps into his emotions when he gave the heart-wrenching reality of depression and mental health issues such as bi polar and the effect it can have on those who are incarcerated. He reflects on the cycle of bipolar and addiction and crime all resulting in a loop of imprisonment and isolation, all of which affected him personally through his own sad stories. He used pathos when he told the story of having to go to jail to tell his uncle that his younger brother had killed himself.

While discussing his experiences with the jail system is also when I noticed his attempt use of logos to link his ideas together. I was very intrigued by his story. A lot of his life seemed to be very unexpected. From going to a large university while dealing with family drug problems at home in Miami, to returning to his apartment from rehabilitation center and finding a “baby” business waiting for him. Within everything he spoke about in his life, he seemed to have peace.

Whether he spoke about his mother's health issues, his uncle's suicide, or his ex fiance's new relationship. He seemed to reflect from afar, methodical and logical. Yet not in an unattached manner. It was clear to see he had made peace with the mistakes and wrongdoing he or other people may have done in his life, that he has truly learned and moved on.

I believe this was a satisfying story to hear of a man who has experienced such trials and tribulations, and rise above all that has been thrown at him. To which he owes to himself, love, support, and breathing. He fell into the support and comfort of discipline and structure in the mental help hospital which led to his own values and philosophies on self help and health. He seems to believe it all starts “today.” Meaning day in day out, constantly reaching for happiness, peace and health. Whether is regular exercise or reading to keep your mind sharp it's a daily devotion to yourself that could save you...from yourself.